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# News from the Crow's Nest

## Parent School Council Newsletter

**2017-2018 is going to be another great year at Captain R Wilson P.S.**

This year's School Council is filled with new and familiar faces. Our primary goals are focused on promoting student achievement, the learning environment and parental involvement.

During our monthly meetings, held on the first Monday of the month, we discuss school's events successes and challenges and new ideas that promote a positive school climate in collaboration with CRW's administration.

We encourage participation by all parents, not just Council Members, to attend these meetings with us. Please join us as we are always listening for new information and topics relevant to our school community.

The next Council Meeting dates where all are welcome from 6:30pm – 7:30pm in CRW's Library are as follows:

December 4

January 15, 2018 (subject to change)

All parents are welcome to attend!

In this Fall Newsletter we have included the list of our new School Council executive, up and coming events, a Newcomer's Section and a Parent's Corner. This issue's Parent Corner is focused on Sara Westbrook's, 6 ways to help your child Dream Big.

Enjoy this fall issue and please do not hesitate to contact us if you have any questions at

[CaptRWilsonChair@hdsb.ca](mailto:CaptRWilsonChair@hdsb.ca)

## 2017-2018 Parent School

### Council Executive

#### Chair and Co-PIC Rep

Susan Murphy

#### Secretary & Treasurer

April Brown

#### Events and Fundraiser Chair

Andrea Bays

#### Communications Coordinator and Newcomer

##### Liason

Milena Hadzieva-Kuzmanovic

#### Parent Involvement Committee Rep.

TBA

#### Parent Representatives

Sarah Vidic, Aimee Mack and Denise Bassett

#### Teacher Representative

Millie Cardamone

#### Principal

Kathy Fornier



## TERRA COTTA PICK UP DATE &gt;&gt;

Meet us at the entrance of school, near the Office, to pick up your Terra Cotta Cookies order on Wednesday, November 22<sup>nd</sup> from 3:00 to 5:00pm.

## Mark your Calendars

### Terra Cotta Dough Delivery

November 22 @ 3:00 – 5:00

### Chapters Night Fundraiser

November 27 @ 5:00 – 8:00

### Parent Council Meeting

December 4 @ 6:30 – 7:30pm

January 15, 2018 @ 6:30 – 7:30pm

\*\*\*Subject to Change\*\*\*

### Dance –a – Thon in February

### World Tour

### Health and Mental Wellness

### Parent Child Event

### Fun Fair

& possibly more...



## CHAPTERS NIGHT &gt;&gt;&gt; Monday

November 27<sup>th</sup> from 5:00 – 8:00.

Kickoff your holiday shopping by supporting Captain R Wilson at our Chapter's event at Dorval

Crossing. A portion of all sales will be donated back to Captain R Wilson's library and our library's wish list will be on display for families to purchase and donate back to our library. This event is filled with stories and musical performances, not to mention some door prizes. Hope to see you there to kick off the holiday season.

### Newcomers Corner

Languages within our group: French, Mandarin, Arabic, Urdu, Macedonian, Serbian, Russian, Korean

The Newcomer Group continues to meet every 3<sup>rd</sup> Thursday in the month. Together with our new ESL teacher, Ms, Ahrens, a group of parent leaders act as mentors to our Newcomer parents. Our newcomers group includes parents that are new to our school, province and country. During our monthly meeting, we discuss information regarding our community and general practices. Our discussions support the adjustment of our new parents, which in turn helps their children advance their studies, make friends enjoy our community. The topics covered at these meetings are as simple as how to report an a student absence, how to use School Cash Online, or how we celebrate Remembrance Day.

If you are a parent who would like to become a mentor to pass on your experiences and would like to help other new families, please join us at our next Newcomers meeting on December 21<sup>st</sup> to express your interest.

PARENTS CORNER

THE RECIPE TO HELPING YOUR CHILD DREAM BIG!

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It is important to give children ongoing support in dreaming big and in helping to achieve their dreams.

HERE ARE 6 WAYS YOU CAN HELP YOUR CHILDREN BECOME BIG DREAMERS.

**DREAM TOGETHER NOT ONLY AS INDIVIDUALS BUT ALSO AS A FAMILY.**

Children gain courage in their own dreams, when they see you chasing yours, celebrating successes and bouncing back from your challenges.

**BE INSPIRED BY OTHER BIG DREAMERS**

Children can learn from the world's top scientists, musicians, entrepreneurs, artists, athletes with books, movies, and even TED talks.

**CREATE ACCOUNTABILITY**

Goals are achieved through small steps and consistent action. Breaking down their goals into manageable, achievable chunks helps them see that their efforts are paying off.



**TURN DREAMS INTO GOALS**

Dreams become achievable through goal setting and action. Help them research what needs to happen to make their dream a reality.

**ADDRESS CHALLENGES, SETBACKS AND FAILURES**

Show challenges and mistakes are normal. What's important is how they approach them. Mistakes and setbacks are necessary to learn and grow.

**ENCOURAGE POSITIVE SELF-TALK**

What children repeat to themselves will determine their self confidence and ability to bounce back. It can even affect how big they allow themselves to dream.

VISIT SARAWESTBROOK.COM FOR MORE GREAT INFORMATION ON TEACHING EMOTIONAL INTELLIGENCE, CONFIDENCE, AND RESILIENCE TO YOUNG PEOPLE.

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